



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Cognitive Aminos

What Is It?

This product contains a combination of the amino acids dl-phenylalanine, taurine, l-tyrosine and acetyl-l-carnitine. Age-related decreases in amino acids compromise cognitive function. Amino acids are important intermediates in the production of neurotransmitters in the brain and are involved in neuromodulating activities.*

Uses For Cognitive Aminos

Cognitive Function Support: l-Tyrosine is an amino acid naturally synthesized in the body. It is the precursor of the neurotransmitters l-dopa, dopamine, norepinephrine and epinephrine, supporting mood and mental clarity. dl-Phenylalanine provides a mixture of two essential amino acids, d-phenylalanine and l-phenylalanine. In the body, l-phenylalanine converts to tyrosine, enhancing neurotransmitter support. A separate pathway allows both d- and l-phenylalanine to support levels of the mood-elevating compound phenylethylamine, a function not provided by l-tyrosine. Taurine is considered an inhibitory amino acid, helping to modulate levels of excitatory amino acids such as glutamate in the brain. This provides neuroprotective action important for maintaining proper brain cell health. Acetyl-l-carnitine has multiple effects on brain metabolism, including helping to maintain taurine levels in a particular part of the brain. It also contributes to the production of the neurotransmitter acetylcholine and may support dopamine receptor function. As a result, acetyl-l-carnitine plays a role in memory, attention, mental clarity, and mood support.*

What Is The Source?

This product contains: dl-phenylalanine (free-form) (synthetically produced); taurine (free-form) (synthetically produced); l-tyrosine (free-form) (extracted from soybeans); acetyl-l-carnitine (free-form) (synthetically produced); vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends 2-6 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Individuals with phenylketonuria or tardive dyskinesia should avoid this product. Occasional nausea, heartburn, or headaches have been associated with ingredients in this formula.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

Cognitive Aminos

two vegetable capsules contain



dl-phenylalanine (free-form).....	250 mg.
taurine (free-form).....	250 mg.
l-tyrosine (free-form).....	250 mg.
acetyl-l-carnitine (free-form).....	250 mg.
vitamin C (as ascorbyl palmitate).....	10 mg.
2-6 capsules per day, in divided doses, between meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.